



Rosh Hashanah Simanim

For a sweet new year

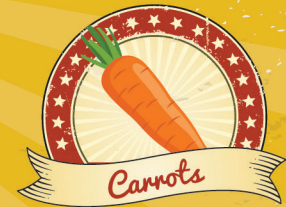
Rosh Hashanah is full of significance. It's the beginning of a new year and our judgment is being determined on this day. One way that we remind ourselves of the significance of the day is by eating **Simanim** (literally "signs") – foods that symbolize our hopes for the new year. By eating these foods and simultaneously praying for our needs, hopes, dreams, and aspirations for the coming year, we remind ourselves that our entire future is hanging in the balance on this day, and that every action we do on Rosh Hashanah holds significance. We hope that each bite adds blessings for you and your loved ones this coming year.



יהי רצון מלפניך ה' אלקינו ואלקי אבותינו
שתחדש עלינו שנה טובה ומתוקה:
May it be Your will, Hashem, our God
and the God of our forefathers,
that You renew for us a good and **sweet** year.



יהי רצון מלפניך ה' אלקינו ואלקי אבותינו
שגברה זכות פרמון:
May it be Your will, Hashem, our God
and the God of our forefathers, that our merits
increase as [the seeds of] a **pomegranate**.



יהי רצון מלפניך ה' אלקינו ואלקי אבותינו
שירבו זכותנו:
May it be Your will, Hashem, our God
and the God of our forefathers,
that our merits **increase**.

The Yiddish word for carrots is "mehren" which resembles the word "mehr" - meaning "more"



יְהִי רְצוֹן מִלְפָּנֶיךָ ה' אֱלֹהֵינוּ וְאַלְקֵינוּ אֲבוֹתֵינוּ
שִׂסְתַּלְקוּ אוֹיְבֵינוּ:

May it be Your will, Hashem, our God
and the God of our forefathers,
that our adversaries be **removed**.

*The Hebrew word for beets is "silka" which resembles
the word "lisaleik" meaning "to remove."*



יְהִי רְצוֹן מִלְפָּנֶיךָ ה' אֱלֹהֵינוּ וְאַלְקֵינוּ אֲבוֹתֵינוּ
שִׂיִּכְרְתוּ שׁוֹנְאֵינוּ:

May it be Your will, Hashem, our God
and the God of our forefathers,
that our enemies be **destroyed**.

*The Hebrew word for leek or cabbage is "karsi" which
resembles the word "lichros" meaning "to destroy."*



יְהִי רְצוֹן מִלְפָּנֶיךָ ה' אֱלֹהֵינוּ וְאַלְקֵינוּ אֲבוֹתֵינוּ
שִׂיִּתְמוּ שׁוֹנְאֵינוּ:

May it be Your will, Hashem, our God
and the God of our forefathers,
that our adversaries be **consumed**.

*The Hebrew word for dates is "tamar" which
resembles the word "yitamu" meaning "be consumed."*



יְהִי רְצוֹן מִלְפָּנֶיךָ ה' אֱלֹהֵינוּ וְאַלְקֵינוּ אֲבוֹתֵינוּ
שִׂנְפְּרָה וְנִרְבָּה כְּדָגִים:

May it be Your will, Hashem, our God
and the God of our forefathers,
that we be fruitful and multiply like **fish**.



יְהִי רְצוֹן מִלְפָּנֶיךָ ה' אֱלֹהֵינוּ וְאַלְקֵינוּ אֲבוֹתֵינוּ
שִׂיִּקְרַע גְּזֵר דִּינֵנוּ, וְיִקְרָאוּ לְפָנֶיךָ זְכוּתֵנוּ:

May it be Your will, Hashem, our God
and the God of our forefathers, that the
decree of our sentence be **torn** asunder; and
may our merits be **proclaimed** before You.

*The Hebrew word for gourd is "kara" which can also mean
"tear" (when spelled with an Ayin) or "call out" (Alef).*



יְהִי רְצוֹן מִלְפָּנֶיךָ ה' אֱלֹהֵינוּ וְאַלְקֵינוּ אֲבוֹתֵינוּ
שִׂנְהִיָּה לְרֹאשׁ וְלֹא לְזָנָב:

May it be Your will, Hashem, our God
and the God of our forefathers,
that we be as the **head** and not as the tail.

Don't just use our list, come up with your own! There is a custom to develop new *Simanim* that signify your wishes for the coming year (See Magen Avraham 583:2). Get creative with your own delicious and meaningful *Simanim*!